



# Dressage Waitemata AGM & Morning Tea

*In support of Auckland Rescue Helicopter Trust*

**22nd May 2016**

**Albany Harbour Sport Function Room**



**10.00am Doors open**  
**10.15am Seated for Morning Tea**  
**and speaker. Morning tea provided.**

**Speaker :Suze Kenington**  
**(Mindset Coach & Animal Communicator)**

**11.15am AGM followed by**  
**Members Prizegiving**



**AUCKLAND RESCUE  
HELICOPTER TRUST**

***RSVP by 16th May to reserve a seat - [heather.steve@xtra.co.nz](mailto:heather.steve@xtra.co.nz)***

***Gold Coin Raffle - Donations appreciated***

***All proceeds will be donated to Auckland Rescue Helicopter Trust***



# Dressage Waitemata AGM & Morning Tea

*22nd May 2016, 10am @ Albany Harbour Sport Function Room*

## **Speaker : Suze Kenington**

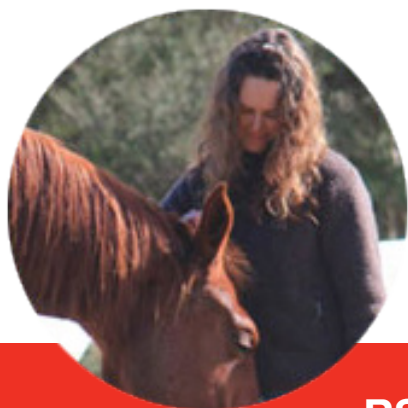
(Mindset Coach & Animal Communicator)

Hi there, I'm Suze Kenington and I have been there...knees shaking for no logical reason; mucking up a competition because my head was racing with 'what if's'; procrastinating catching my horse even though I had little space in my day for 'precious horsey time'...no more!

I didn't know how to drive my 'brain' so habitual negative thought patterns got in the way of my learning & magic moments of connection & I don't want this for you & your horse.

I would love to help you explore your inner world for the good of your connection with horses. You and your horse are seeking the same thing – a relationship that brings out the best in both of you.

**Cheers, Suze x**



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